



Myers-Briggs Type Indicator® (MBTI®)

The most well known evaluation and trusted personality instrument is the Myers-Briggs Type Indicator® (MBTI®). The MBTI promotes more dynamic teamwork and can improve the quality of life at any organization. After decades of using the MBTI, this tool continues to be the most widely used assessment for understanding each individual's traits and discovering alternate approaches to working with others in everyday life.

After taking the Myers-Briggs Type Indicator® assessment, a personal profile is created which helps illustrate the results from your assessment. The MBTI identifies one of its sixteen various personality types that best describes you from your individual responses given in the assessment.



Your personal profile will help you to understand:

- Where your attention is focused: Are you an Extravert or an Introvert?
- How you absorb information: Do you Sense or Intuitively take in new information?
- In what way do you formulate decisions: Do you base decisions on thoughts or feelings?
- In what way do you deal with your surroundings: Do you tend to organize your world or go with the flow in the world around you?

Once individuals understand their type preferences, their work can be approached in a way that best corresponds to their style leading to better relationships and time management. With this gained knowledge, new skills can be developed in the workplace, workplace conflict can be reduced, and individual and team performance can soar.



For more information on the Myers-Briggs Type Indicator®, or to take your own personal assessment, please contact us at 614-876-7400.